

JULY 2020



POWERFUL WORDS

CHARACTER DEVELOPMENT

POWERFUL PROJECT

Name: _____

The Powerful Word of the Month is “sportsmanship!” Sportsmanship means; “No matter if we win or lose, we use kind words and follow rules.” We can show good sportsmanship by playing fairly, congratulating the other team, shaking hands after a contest and following the rules of the game without complaining, bragging or tantruming. We can use “Build-’em-Uppers,” words that build-up our friends, teammates and competitors (“good try!” “you can do it!”) instead of “Weigh-’em-Downers” which are like anchors that pull people down and make others feel terrible inside (“you stink!” “you cheated!”). **Below, write 5 “Build-’em-Uppers” that you’d say to show your help and support to others in competition and write 3 “Weigh-’em-Downers” that, as a leader, you would want people to avoid saying during competition.**

Do You Build-’em-Up or Weigh-’em-Down?

