

Let's Crack SSB Interview

By Col. K. Kataria. SM
SSB Psychologist

STUDY PLAN

SARKARI NAUKRI
KA ADDA





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S.N.	Date	Time	Topic
Day 1	26 th May	12.00PM to 2:00PM	Understanding of SSB Explain Five days schedule of SSB
		3:30PM to 5:30PM	Explain Officer Like Qualities Understanding Thought process of Indian Armed officers
Day 2	27 th May	12.00PM to 2:00PM	How to Approach SSB Preparation Introduction to Stage 1 or Screening Test
		3:30PM to 5:30PM	Explain OIR and PP&DT Key Points for Story Narration and Group Discussion
Day 3	28 th May	12.00PM to 2:00PM	Introduction Psychological Technique Explain Thematic Apperception Test (TAT)
		3:30PM to 5:30PM	Conduct TAT test Explain How to train your thought process for TAT Stories
Day 4	29 th May	12.00PM to 2:00PM	Explain WAT Conduct WAT Test
		3:30PM to 5:30PM	Discuss WAT responses Key Points to keep in mind during WAT
Day 5	1 st June	12.00PM to 2:00PM	Explain SRT and Self-description Conduct SRT and SD Test and giving personal attention to responses
		3:30PM to 5:30PM	Discuss SRT Responses Self-Introspection Session for Repeaters
Day 6	2 nd June	12.00PM to 2:00PM	Conduct PP &DT Test Explain PIQ form
		3:30PM to 5:30PM	How to fill PIQ Form
Day 7	3 rd June	12.00PM to 2:00PM	Introduction to GTO Technique Explain Group discussion, Group Planning
		3:30PM to 5:30PM	Exercise and Lecturette

S.N.	Date	Time	Topic
Day 8	4 th June	12.00PM to 2:00PM	Explain Group Tasks to include PGT, HGT, CT, FGT, Individual obstacles and GOR
		3:30PM to 5:30PM	Explain Secrets to tackle Group Tasks Conduct GPE Practice test – 1
Day 9	5 th June	12.00PM to 2:00PM	Introduction to Interview Tech Interview Questions and conduct mock interview
		3:30PM to 5:30PM	Importance of Hobbies and Interest for Personal Interview
Day 10	8 th June	12.00PM to 2:00PM	Conduct GPE – 2
		3:30PM to 5:30PM	Practice GD & Lecturette SRT Test - 2
Day 11	9 th June	12.00PM to 2:00PM	Conduct Mock Interviews & Counselling
		3:30PM to 5:30PM	Importance of family and educational Background for Personal Interview
Day 12	10 th June	12.00PM to 2:00PM	Conduct PP&DT
		3:30PM to 5:30PM	WAT Test – 2 Discuss WAT Responses
Day 13	11 th June	12.00PM to 2:00PM	Conduct Mock Interviews Explain Conference Procedure
		3:30PM to 5:30PM	Tips to Handle Conference Importance of Strength and Weakness in SSB
Day 14	12 th June	12.00PM to 2:00PM	Conduct Mock Interviews
		3:30PM to 5:30PM	How marking is done in SSB
Day 15	15 th June	12.00PM to 2:00PM	SSB Psych Test Real time SSB Environment
		3:30PM to 5:30PM	Final Summing Up