



# St Michael and St Martin Catholic Primary School

Belgrave Road, Hounslow, Middlesex TW4 7AG

Headteacher : Mrs N Duggan

Deputy Headteacher : Mrs S Bell

Chair of Governors : Mrs Sandra D'Souza- Zerkhfaoui



***Learning our faith, Living our faith, Loving our faith***

3<sup>rd</sup> April 2020

Good Morning Parents/Carers & our lovely St Michael & St Martin children.

I hope that the past two weeks have not been too challenging for you all. Well done for trying your best and adapting to life indoors.

Today we will be finishing 'school' for our Easter holidays; I can appreciate that this will be an Easter holiday like no other. However, I do want to encourage you to take a break from school work. We do not know how long this period of lockdown will last, and we want the children to remain as enthusiastic as they, and you, can be. Allow them time to switch off and relax.

You will have received enough work from your child's class teacher to see your child through until today. When we return to 'school' on Monday 20<sup>th</sup> April 2020 we will once again upload to the website, timetables and activities.

Please do not worry too much about the work that has been sent home, we've sent it out to help you keep your child(ren) busy whilst they're stuck at home. We recognise that this is a very difficult time for families and you're doing your best to keep things 'normal'. Unfortunately, things are very far from normal and we do not know when we will return to a 'new normal'.

What I can assure you of is this; when your child returns to school, whenever that may be, we will pick up where we left off on Friday 20<sup>th</sup> March. Not all families are going to have the time, resources or patience to 'teach' their child at home, we know that. I also know how hard it is to teach your own children - this is my greatest challenge!

If you do however, want to continue to help your child through the holidays, listen to them read, read to them, play with them, practice handwriting, allow them to be creative with whatever resources, cardboard boxes etc, you have. Give them alone time, let them have some screen time, do some exercise, get them to do some jobs around the home, teach them how to make their beds and fold their clothes, and reassure them that all will be ok.

- Some free writing now and then. If they keep a diary or something, great. If not, could they draw a comic?
- Practical hands on maths. Be that via cooking, cleaning, outside or some maths games, physical or digital.
- Some fine motor work. Lego, cutting, playdough, tidying up, handwriting practise.
- Some art/music where possible through the week. This doesn't need to be guided.
- Stretch goal, if old enough getting them to *independently* work on a project is great for keeping brains ticking over. Get them researching in a book or online and putting together something to present to you or family.
- If younger, lots of imaginative free play, the more independent the better.



Telephone number : 020 8572 9658 Fax : 020 8572 1982

e-mail : [office@stmichaelrc.hounslow.sch.uk](mailto:office@stmichaelrc.hounslow.sch.uk)

[www.stmichaelandstmartin.co.uk](http://www.stmichaelandstmartin.co.uk)

Follow us on Twitter : STMM20



The whole of the education system in this country, and most of the world, will have to recalibrate when this is all over, we will do this and ensure that your child has the tools needed to succeed in school when this time comes.

### **Prayers**

Our children are used to starting their day with a prayer, please continue this, then lunchtime prayer and finish with our evening prayer.

The children know these and this will help bring some familiarity into their daily routine. Tell them that the rest of their class are saying these prayers also. Please don't be hard on yourselves, you are their parents and family members, not their teacher.

You may wish to start your prayer time with this hymn <https://www.youtube.com/watch?v=VjBMXJniHNs> invite your child to be still, close their eyes and focus on their breathing. Set the intention for your prayers, be specific and keep it short.

Listen quietly to the words and music. Finish with one Our Father, one Hail Mary and one Glory be to the Father. (You can of course say whatever prayers you wish).

In the meantime, please continue to pray for all those people on the front line, may they know God's protection and love. Praying for all the sick, may they feel the healing power of God; and those who have died of the virus, may they rest in God's loving arms.

You all remain in our thoughts and prayers.

With best wishes and Easter blessings.



**Mrs N Duggan**  
**Headteacher**